

HOME DELIVERED MEALS

TOWN OF EASTCHESTER  
SENIOR NUTRITION CENTER AT LAKE ISLE

337-0390

IF YOU HAVE A FOOD ALLERGY  
PLEASE INFORM THE NUTRITION  
SITE MANAGER

AUGUST, 2018

RESERVATIONS REQUIRED  
MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		MANICOTTI BROCCOLI TOSSED SALAD W/ CHICK PEAS FRESH MELON	BBQ CHICKEN BAKED BEANS COLESLAW BLUEBERRY PIE	CHEF'S SALAD GERMAN POTATO SALAD SEASONAL FRESH FRUIT
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
EGGPLANT PARMIGIANA WHOLE WHEAT PENNE BROCOLI MANDARIN ORANGE SEGMENTS	TUSCAN CHICKEN ROASTED POTATOES ZUCCHINI SEASONAL FRESH FRUIT	SALMON W/ DILL SAUCE LENTIL PILAF GLAZED CARROTS BIRTHDAY CAKE	CHICKEN WALDFORF SALAD GREEN BEAN SALAD WATERMELON	BREADED BONELESS PORK CHOP SWEET POTATOES MIXED VEGETABLE PITTED PLUMS
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
BAKED COD SUCCOTASH KALE & ONIONS PARADISE FRUIT BLEND	CHICKEN BROCCOLI & GARLIC PASTA CARROTS FRESH FRUIT	MOZZARELLA, TOMATO & PESTO ON ITALIAN BREAD MEDITERRANEAN VEGETABLES ORANGE COUSCOUS FRESH FRUIT	MEATLOAF AND GRAVY SWEET POTATOES PEAS & CARROTS STRAWBERRIES & BANANAS	CRISPY BAKED CHICKEN CHEESY GRITS COLLARD GREENS MANGO CHUNKS
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
EGG SALAD SANDWICH BEET SALAD CUCUMBER SALAD TROPICAL FRUIT COCKTAIL	TURKEY & GRAVY ROASTED POTATOES FRENCH STYLE GREEN BEANS FRESH MELON	BAKED FLOUNDER SAUCE PICATTA PARSLIED ISRAELI COUSCOUS CARROTS BANANA CAKE	CHICKEN CACCIATORE PESTO PASTA BROCCOLI SLICED PEACHES	SWEET & SOUR PORK BROWN RICE ORIENTAL VEGETABLES FRESH FRUIT
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
MAC & CHEESE STEWED TOMATOES GREEN BEANS SLICED PEARS	GERMAN STYLE PORK CHOP SAUERKRAUT SWEET POTATOE ROASTED CALIFLOWER GERMAN COFFEE CAKE	CHEF'S SALAD PENNE PESTO TOMATO SOUP WATERMELON	BBQ CHICKEN BAKED BEANS COLESLAW FRESH FRUIT	SPAGHETTI & MEATBALLS TOMATO SAUCE BROCCOLI LAYER CAKE