

# TOWN OF EASTCHESTER

## SENIOR CENTER AT LAKE ISLE

HOME DELIVERED MEALS

**337-0390**

IF YOU HAVE A FOOD  
ALLERGY PLEASE  
INFORM THE NUTRITION  
SITE MANAGER

### September-17

RESERVATIONS  
REQUIRED. MENU  
SUBJECT TO CHANGE.

				FRIDAY	1
				Sole Florentine, Lemon Butter Sauce, Lentil Pilaf, Baby Carrots, Fresh Fruit	
MONDAY	4	TUESDAY	5	WEDNESDAY	6
SENIOR CENTER CLOSED		Salisbury Steak, Roasted Potatoes, Spinach, Pineapple Chunks		Pasta w/Chicken & Broccoli in Garlic Sauce, Tossed Salad w/Chick Peas, Carrots, Chocolate Pudding	
THURSDAY	7	FRIDAY	8		
Tuna Salad Sandwich, Cucumber Salad, Beet Salad, Apricot Halves		Roast Turkey, Sweet Potato, Peas & Onions, Fresh Fruit			
MONDAY	11	TUESDAY	12	WEDNESDAY	13
Italian Chicken Sausage, Baked Beans, Coleslaw, Brownie		Meatloaf, Mashed Potatoes, Kale & Onions, Fresh Fruit		Grilled Chicken Caesar Salad, Romaine Lettuce, Carrot Raisin Salad, Pineapple Chunks	
THURSDAY	14	FRIDAY	15		
German Style Pork Chop, Sauerkraut, Roasted Potatoes, Green Beans, Vanilla Cake		Eggplant Parmigiana, Whole Wheat Pasta, Broccoli Florets, Sliced Peaches			
MONDAY	18	TUESDAY	19	WEDNESDAY	20
Broccoli & Cheese Quiche, Home Fried Potatoes, Stewed Tomatoes, Paradise Fruit Blend		Crispy Baked Fish, Cauliflower Mash, Collard Greens, Butterscotch Pudding		Beef Brisket, Carrot Tzimmes, Noodle Kugel, Apple Pie	
THURSDAY	21	FRIDAY	22		
Tuscan Style Baked Chicken, Bowtie Pesto Pasta, Yellow Squash, Fresh Fruit		Roast Turkey, Fresh Sweet Potato, Green Bean Almondine, Pumpkin Pie			
MONDAY	25	TUESDAY	26	WEDNESDAY	27
Chicken Cutlet, Marsala Sauce, Roasted Potatoes, Broccoli, Sliced Peaches		Mediterranean Beef Stew, Buttered Noodles, Green Beans, Fresh Fruit		Stuffed Shells, Tossed Salad w/Chickpeas, Spinach, Mandarin Orange Segments	
THURSDAY	28	FRIDAY	29		
Balsamic Glazed Salmon, Picatta Sauce, Sweet Potato, Fresh Fruit		Baked Chicken Pesto, Rice Pilaf, Glazed Carrots, Cake			