

**TOWN OF EASTCHESTER**  
**SENIOR CENTER AT LAKE ISLE**  
**NUTRITION CENTER & HOME DELIVERED MEALS**  
**337-0390**

IF YOU HAVE A FOOD  
 ALLERGY PLEASE  
 INFORM THE NUTRITION  
 SITE MANAGER

**April-17**

RESERVATIONS  
 REQUIRED. MENU  
 SUBJECT TO CHANGE.

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Italian Chicken Sausage, Peppers/Onions, Potato Wedges, Mediterranean Vegetables, Fruit	Fresh Roast Ham, Colcannon, Carrots, Pineapple Chunks	Tilapia Veracruz, Red Beans & Rice, Collard Greens, Fresh Fruit	Beef Stroganoff, Buttered Noodles, Green Beans, Pound Cake	Broccoli & Cheese Quiche, Roasted Potatoes, Stewed Tomatoes, Mandarin Orange Segments
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
Pasta w/Chicken, Broccoli & Garlic, Tossed Salad w/Chickpeas, Apricot Halves	Beef Brisket, Noodle Kugel, Carrot Tzimmes, Macaroons	Breaded Chicken Cutlet, Sweet Potato, Cauliflower, Fresh Fruit	Meatloaf, Mashed Potatoes, Peas & Onions, Mango Chunks	Baked Salmon, Parslied Couscous, Green Beans, Fresh Fruit
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
Salisbury Steak, Roasted Potatoes, Creamed Spinach, Mandarin Orange Segments	Sole Florentine, Lentil Pilaf, Glazed Carrots, Fruit Cocktail	Crispy Baked Chicken, Lyonnaise Potatoes, Collard Greens, Fresh Fruit	Cured Ham, Raisin Sauce, AuGratin Potatoes, Green Beans Almondine, Lemon Meringue Pie	Eggplant Parmigiana, Whole Wheat Pasta, Broccoli Florets, Pitted Plums
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
Knockwurst, Sauerkraut, Baked Beans, Green Beans, Apricot Halves	Spaghetti & Meatballs, Tossed Salad, Fresh Fruit	Crispy Baked Cod, Sweet Potato, Caribbean Blend Vegetables, Mango Chunks	Lamb Stew, Rice Pilaf, Broccoli, Tropical Fruit Cocktail	Roast Chicken, BBQ Sauce, Corn Nibbles, Coleslaw, Cake