

**TOWN OF EASTCHESTER**  
Supervisor Anthony S. Colavita

**NOVEMBER 2008**

The Center at Lake Isle  
660 White Plains Road, Eastchester, NY 10709  
Norah Rossi, Nutrition Program Director  
Call: 337-0390

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
9:30 Line Dancing, Theresa Kover and Pat MacLeod 12:15 Exercise with Inga of Forme Rehabilitation 12:15 Computer, Vincent Antonelli 1:15 Bob Moynihan, Musical Memories, CDs and DVDs Cards Daily	8:30 Early Bird Aerobics, Video 9:30 Exercise, Paige Brodsky 10:30 Miriam Haaran, Creative Writing 12:30 Trip Committee 12:30 Bridge and Cards	9:30 Tap Dancing, Paula Tarrantino 9:30 Drawing, Stephanie Rocker 11:00 Choral Session, Noel Hart 12:30 Music-Drama, Ann Droukas 12:30 Mahjong, Miriam Roschell 12:30 Art Class, Betty Uses 12:30 Exercise, Evey Riccobono 1:15 Bob Moynihan, Musical Memories, CDs and DVDs	9:15 Country Western Dancing, Pat MacLeod 10:00 Yiddish Class, Leah Ehrlich 12:30 Pokeno and Cards 12:30 Computer, Vincent Antonelli 12:30 Knitting Class, Patricia Dorgan	8:30 Exercise, Julie Rosen 9:30 Lite Exercise, MaryAnne Scrobe 10:30 Intermediate Spanish, Anita Marin 10:45 Gilda Press, Information & Conversation 12:30 Bridge/Cards, Vincent Liporulo
11-3 Regular Schedule	11-4 Center Closed, Election Day	11-5 Regular Schedule	11-6 10:00 Council Officers Meeting 11:00-2:00 Holiday Boutique 12:15 Open Membership Meeting	11-7 12:15 Bingo Bring a Friend 1:00 Tracy Wright, Book Discussion 1:00 Movie, Jane Eyre
11-10 Regular Schedule	11-11 Center Closed, Veterans Day	11-12 No Tap Dancing Class Today Regular Schedule	11-13 9:30 Bus Leaves for Christmas Tree Shop & Olive Garden, Danbury, CT. 12:30 Regular Schedule	11-14 9:00-2:00 Flu Clinic Provided by Lawrence Hospital Nurses 11:00 Regular Schedule
11-17 11:00 Laura Bolotsky, WCDSPS, Discusses Getting Ready for Medicare Part D 2009 Regular Schedule	11-18 12:30 Bruce Levy, Mainstream, Discusses Architecture of Colonial America, First of Four Sessions	11-19 No Tap Dancing Class Today 12:00 Abe Landau, Medicare Update	11-20 Regular Schedule	11-21 12:30 Chair Yoga with Louise Fecher
11-24 1:15 Older Drivers Network, "Family Conversations with Older Drivers"	11-25 12:15 Center Celebrates November Birthdays 12:30 Bingo, Bring a Friend Regular Schedule	11-26 No Tap Dancing Class Today Center Closes at 1:00pm No Afternoon Activities	11-27 Center Closed Happy Thanksgiving	11-28 Center Closed Thanksgiving Weekend

Funded by the Department of Health & Human Services, NY State Office for Aging, Westchester County Department of Senior Programs and Services, The Community Fund, and the Town of Eastchester.  
Suggested voluntary contribution: \$3.00 for residents, \$4.00 for non-residents. No one is denied lunch due to inability to pay.

