

GARTH ROAD CENTER

235 GARTH ROAD

725-6406 OR 771-3340

WEDNESDAYS AND FRIDAYS NOON - 4:00PM

JUDY CONNOLLY, DIRECTOR

MARCH 2010

WEDNESDAY, MARCH 3

- 11:30 HOT LUNCH AVAILABLE, RESERVATIONS REQUIRED
- 12:30 BINGO BASH
- 2:00 EXERCISE WITH LAWRENCE HOSPITAL PHYSICAL THERAPY

FRIDAY, MARCH 5

- 9:30-11:30 BEGINNERS DRAWING WITH STEPHANIE ROCKER, REGISTRATION REQUIRED. PROGRAM SPONSORED BY ASSEMBLYWOMAN AMY PAULIN
- 11:30 YOGA WITH MARY, SPONSORED BY SENATOR JEFF KLEIN
- 1:00 DAVID OSBORN, THE AMERICAN REVOLUTION, CAUSES AND COURSE, SLIDE PRESENTATION
- 2:00 BRIDGE, CARDS AND POKENO

WEDNESDAY, MARCH 10

- 11:30 HOT LUNCH AVAILABLE, RESERVATIONS REQUIRED
- 12:30 MOVIE, TO BE ANNOUNCED
- 2:00 EXERCISE WITH LAWRENCE HOSPITAL PHYSICAL THERAPY

FRIDAY, MARCH 12

- 9:30 BEGINNERS DRAWING WITH STEPHANIE ROCKER, REGISTRATION REQUIRED
- 11:30 YOGA WITH MARY, SPONSORED BY SENATOR JEFF KLEIN
- 12:30 BLOOD PRESSURE SCREENING WITH DONNA KANE, RN
- 1:00 HEALTH DISCUSSION WITH DONNA KANE, RN
- 1:30 TRACY WRIGHT, BOOK DISCUSSION

WEDNESDAY, MARCH 17

- 11:30 HOT LUNCH AVAILABLE, RESERVATIONS REQUIRED
- 1:00 JANE ROSE, MEMORIES
- 2:00 EXERCISE WITH LAWRENCE HOSPITAL PHYSICAL THERAPY

FRIDAY, MARCH 19

- 9:30 BEGINNERS DRAWING WITH STEPHANIE ROCKER, REGISTRATION REQUIRED
- 11:30 YOGA WITH MARY, SPONSORED BY SENATOR JEFF KLEIN
- 12:30 ST. PAT'S PARTY AND LUNCHEON, RESERVATIONS REQUIRED
- 2:00 ENTERTAINMENT, IRISH SONGS AND MUSIC WITH MARY STELLA

WEDNESDAY, MARCH 24

- 11:30 HOT LUNCH AVAILABLE, RESERVATIONS REQUIRED
- 12:30 POKENO AND BOARD GAMES
- 2:00 EXERCISE WITH LAWRENCE HOSPITAL PHYSICAL THERAPY

FRIDAY, MARCH 26

- 9:30 BEGINNERS DRAWING WITH STEPHANIE ROCKER, REGISTRATION REQUIRED
- 11:30 YOGA WITH MARY, SPONSORED BY SENATOR JEFF KLEIN
- 12:30 PIZZA PARTY
- 1:30 ED STEIN, PUZZLE SOLVING

WEDNESDAY, MARCH 31

- 11:30 HOT LUNCH AVAILABLE, RESERVATIONS REQUIRED
- 12:30 MEDICARE MINUTE
- 2:00 EXERCISE WITH LAWRENCE HOSPITAL PHYSICAL THERAPY

THE GARTH ROAD CENTER IS A PROGRAM OF
EASTCHESTER SENIOR PROGRAMS AND SERVICES

