

THE NUTRITION CENTER AT LAKE ISLE*Peter Basha, Director***APRIL MENU 2019****TOWN OF EASTCHESTER**
Supervisor Anthony S. Colavita

MONDAY 1 STUFFED PEPPER MASHED POTATOES TUSCAN VEGETABLES	TUESDAY 2 CHICKEN CHOW MEIN WHITE RICE ORIENTAL VEGETABLES	WEDNESDAY 3 SPAGETTI & MEATBALLS TOMATO SAUCE BROCCOLI	THURSDAY 4 ROASTED CHICKEN HONEY MUSTARD SAUCE AU GRATIN POTATOES GREEN BEANS	Friday 5 CRISPY BAKED FISH BUTTERED GRITS COLLARD GREENS
MONDAY 8 BREADED CHICKEN CUTLET SCALLOPED POTATOES CARIBBEAN VEGETABLES	TUESDAY 9 TURKEY A LA KING BROWN RICE SPINACH	WEDNESDAY 10 NUTRITION CENTER CLOSED Garth Road Center OPEN! <i>Call 771-3340</i>	THURSDAY 11 SALMON CAKES QUINOA & KALE CARROT & DILL ACE IN THE HOLE	Friday 12 MANICOTTI TOMATO SAUCE BROCCOLI TOSSED SALAD
MONDAY 15 ITALIAN CHICKEN SAUSAGE TATER TOTS PEPPERS & ONIONS	TUESDAY 16 BAKED ZITI BOLOGNESE SAUCE BROCCOLI	WEDNESDAY 17 CARIBBEAN CHICKEN RED BEANS & RICE VEGETABLE MEDLEY	THURSDAY 18 BAKED HAM SCALLOPED POTATOES GREEN BEAN CASSEROLE	Friday 19 BAKED FLOUNDER OREGANATA COUCCOUS GLAZED CARROTS
MONDAY 22 SALISBURY STEAK MASHED POTATOES BRUSSELS SPROUTS	TUESDAY 23 TUSCAN CHICKEN PASTA & PESTO SAUCE TUSCAN VEGETABLES BIRTHDAY PARTY	WEDNESDAY 24 BEEF BRISKET & GRAVY POTATOE PANCAKES CITRUS HONEY CARROTS	THURSDAY 25 NUTRITION CENTER CLOSED	Friday 26 ROAST TURKEY & GRAVY SWEET POTATOES CAULIFLOWER
MONDAY 29 SOLE FLORENTINE LEMON BUTTER SAUCE LENTIL PILAF STEWED TOMATOES	TUESDAY 30 MEATLOAF & GRAVY MASHED SWEET POTATOES PEAS & CARROTS			660 White Plains Road Eastchester, NY 10709 Information and Reservations Call: 337-0390 www.eastchester.org/seniorservices

Funded by the Town of Eastchester, Westchester County Department of Senior Programs and Services, New York State Office for Aging and the U.S. Administration on Aging. Suggested voluntary contribution: Residents \$3.00, Non-Residents \$4.00. Contributions are made anonymously. No one 60 years or older is denied lunch due to inability to pay. If you are unable to meet the suggested amount, we ask that you contribute whatever amount you feel you can afford. All contributions go directly back into the nutritional program to help pay for meals and other meal program expenses