

TRANSPORTATION AVAILABLE TO RESIDENTS FOR EARLY EXERCISE CLASSES		MAKE YOUR RESERVATIONS FOR OUR VALENTINE'S DAY PARTY FEBRUARY 14TH 	THURSDAY, 2/1 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 12:15 "Winterizing Yourself & Weather Safety" with Victoria Rizzo, Right at Home 1:00 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games	FRIDAY, 2/2 SENIOR CENTER CLOSED
MONDAY, 2/5 9:30 Line Dancing with Theresa 10:30 Strength & Balance Video 10:30 Drawing, Games and Cards 10:30 Birthday Celebration Music with Ralph Caruso 12:15 Crafts with Julie 12:30 Tai Chi with Angela 1:00 Bridge/Cards/Mahjong/Board Games  	TUESDAY, 2/6 8:30 Low Impact Exercise with Grace 10:30 Blood Pressure Screening with Barbara O'Hagen, RN 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 12:15 "Tai Chi for Arthritis" with Angela 1:00 Bridge/Cards/Mahjong/Board Games	WEDNESDAY, 2/7 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games	THURSDAY, 2/8 9:30 Intermediate Line Dancing 10:15 Council Meeting 10:30 Drawing, Games and Cards 12:15 Open Council Meeting 1:00 Knitting with Paula 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club	FRIDAY, 2/9 8:30 Exercise Video 9:30 Muscle Toning Video 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! Bring a Friend! 1:00 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games 
MONDAY, 2/12 9:30 Line Dancing with Theresa 10:30 Strength & Balance with Sonya 12:15 Valentine's Day Concert with Greenvale & Anne Hutchinson Schools 	TUESDAY, 2/13 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! Bring a Friend! 1:00 Bridge/Cards/Mahjong/Board Games 	WEDNESDAY, 2/14 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 11:30 Valentine's Day Party and Entertainment with Ron Fowler <i>Valentine's Day Treats from Supervisor Colavita</i> 	THURSDAY, 2/15 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 12:15 "Elections & Politics in Early America" with David Osborn 1:00 Knitting with Paula 1:00 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club	FRIDAY, 2/16 SENIOR CENTER CLOSED
MONDAY, 2/19 CENTER CLOSED PRESIDENTS DAY 	TUESDAY, 2/20 – FAIRWAY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 1:00 Bridge/Cards/Mahjong/Board Games	WEDNESDAY, 2/21 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games	THURSDAY, 2/22 – FAIRWAY ROOM 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! 1:00 Knitting with Paula 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club 	FRIDAY, 2/23 8:30 Exercise Video 9:30 Muscle Toning Video 10:30 Book Club with Tracy 10:30 Drawing, Games and Cards 12:30 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games
MONDAY, 2/26 9:30 Line Dancing with Theresa 10:30 Drawing, Games and Cards 10:30 Strength & Balance with Sonya 12:30 Tai Chi with Angela 1:00 Bridge/Cards/Mahjong/Board Games	TUESDAY, 2/27 – FAIRWAY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! Bring a Friend! 1:00 Bridge/Cards/Mahjong/Board Games 	WEDNESDAY, 2/28 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:15 Medicare Update with Micaela 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games	 <p>BINGO & TREATS! February 9, 13, 22 & 27</p>	KEEP FIT AND STRONG EXERCISE CLASSES 