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| <p style="text-align: center;">BEST WISHES FOR A VERY HEALTHY AND HAPPY NEW YEAR!!</p>  | <p>TUESDAY, 1/2 – GATSBY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>WEDNESDAY, 1/3 – GATSBY ROOM 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games</p> | <p>THURSDAY, 1/4 – GATSBY ROOM 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 1:00 Knitting with Paula 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club</p> | <p>FRIDAY, 1/5 – GATSBY ROOM 8:30 Exercise Video  9:30 Muscle Toning Video 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! 1:00 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games</p> | |
| <p>MONDAY, 1/8 – GATSBY ROOM 9:30 Line Dancing with Theresa 10:30 Strength & Balance Video 10:30 Drawing, Games and Cards  12:15 Crafts with Julie 12:30 Tai Chi with Angela 1:00 Canasta Club 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>TUESDAY, 1/9 – GATSBY ROOM 8:30 Low Impact Exercise with Grace 10:15 Council Meeting 10:30 Blood Pressure Screening with Barbara O’Hagen, RN 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 12:15 Open Council Meeting 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>WEDNESDAY, 1/10 – GATSBY ROOM 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games</p> | <p>THURSDAY, 1/11 – GATSBY ROOM 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards  12:15 BINGO & TREATS! 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club</p> | <p>FRIDAY, 1/12 –GATSBY ROOM  8:30 Exercise Video 9:30 Muscle Toning Video 10:30 Birthday Celebration Music with Ralph Caruso 10:30 Drawing, Games and Cards 12:30 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games</p> | |
| <p>MONDAY, 1/15</p> <p style="text-align: center;">SENIOR CENTER CLOSED MARTIN LUTHER DAY</p> | <p>TUESDAY, 1/16 – GATSBY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann  10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>WEDNESDAY, 1/17 – GATSBY ROOM 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Game</p> | <p>THURSDAY, 1/18 – FAIRWAY ROOM 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 1:00 Knitting with Paula 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club</p> | <p>FRIDAY, 1/19 – GATSBY ROOM 8:30 Exercise Video 9:30 Muscle Toning Video 10:30 Drawing, Games and Cards 12:30 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games</p> | |
| <p>MONDAY, 1/22 – GATSBY ROOM 9:30 Line Dancing with Theresa 10:30 Drawing, Games and Cards 10:30 Strength & Balance with Sonya 12:30 Tai Chi with Angela 1:00 Canasta Club 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>TUESDAY, 1/23 – GATSBY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann 10:30 Drawing, Games and Cards 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>WEDNESDAY, 1/24 – FAIRWAY ROOM 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games</p> | <p>THURSDAY, 1/25 - GATSBY ROOM 9:30 Intermediate Line Dancing 10:30 Drawing, Games and Cards 1:00 Mahjong/Pokeno/Cards/Games 1:00 Canasta Club</p> | <p>FRIDAY, 1/26 – GATSBY ROOM  8:30 Exercise Video 9:30 Muscle Toning Video 10:30 Book Club with Tracy 10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! 1:00 Chair Yoga with Peggy 1:00 Mahjong/Pokeno/Cards/Games</p> | |
| <p>MONDAY, 1/29 –GATSBY ROOM 9:30 Line Dancing with Theresa 10:30 Drawing, Games and Cards 10:30 Strength & Balance with Sonya 12:30 Tai Chi with Angela 1:00 Canasta Club 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>TUESDAY, 1/30 – FAIRWAY ROOM 8:30 Low Impact Exercise with Grace 10:30 Muscle Toning with Maryann  10:30 Drawing, Games and Cards 12:15 BINGO & TREATS! 1:00 Bridge/Cards/Mahjong/Board Games</p> | <p>WEDNESDAY, 1/31 – GATSBY ROOM 10:15 Tap Dancing with Paula 10:30 Drawing, Games and Cards 12:15 Medicare Update with Micaela 12:30 Energizing Exercise with Evey 1:00 Mahjong/Bridge/Cards/Board Games</p> |  <p>BINGO & TREATS! January 5, 11, 16, 26 and 30</p> | | <p style="text-align: center;">KEEP FIT AND STRONG EXERCISE CLASSES</p>  |