

TOWN OF EASTCHESTER

SENIOR CENTER AT LAKE ISLE

NUTRITION

337-0390

April-18

IF YOU HAVE A FOOD
ALLERGY PLEASE
INFORM THE NUTRITION
SITE MANAGER

RESERVATIONS
REQUIRED. MENU
SUBJECT TO CHANGE.

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Crispy Baked Fish, Cheesy Grits, Kale & Onions, Tropical Fruit Cocktail	Roast Turkey, Mashed Sweet Potatoes, Crumb Baked Cauliflower, Chocolate Chip Cookies	Tuscan Style Chicken, Roasted Potatoes, Green Beans, Mango Chunks	Manicotti, Broccoli, Tossed Salad w/Chickpeas, Fresh Fruit	Beef Brisket, Potato Latkes, Citrus Honey Carrots, Apple Pie
MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
Italian Chicken Sausage, Tater Tots, Green Beans, Mandarin Orange Segments	Meatloaf, Mashed Potatoes, Peas & Onions, Fresh Fruit	Baked Chicken Pesto, Orzo Pilaf, Mixed Vegetables, Pound Cake	Pork Cutlet, Picatta Sauce, Au Gratin Potatoes, Green Beans, Fresh Fruit	Stuffed Shells, Broccoli Florets, Tossed Salad w/Chickpeas, Pitted Plums
MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Broccoli & Cheese Quiche, Home Fried Potatoes, Stewed Tomatoes, Tropical Fruit Cocktail	Roast Turkey, Mushroom Stuffing, Mixed Vegetables, Vanilla Cake	Manicotti, Broccoli, Tossed Salad w/Chickpeas, Fresh Fruit	SENIOR CENTER CLOSED	Crispy Baked Chicken, Sweet Potato, Caribbean Blend Vegetables, Mango Chunks
MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
Salisbury Steak, Roasted Potatoes, Green Beans, Sliced Peaches	Baked Salmon, Dill Sauce, Quinoa & Kale, Carrots, Paradise Fruit Blend	Chicken Cacciatore, Bowtie Pasta w/Pesto Sauce, Broccoli, Pitted Plums	SENIOR CENTER CLOSED	Spaghetti w/Italian Meatballs, Spinach, Cake
MONDAY 30				
Macaroni & Cheese, Stewed Tomatoes, Green Beans, Sliced Pears				