

<p>MONDAY 3 STUFFED PEPPER MASHED POTATOES & GRAVY CARROTS</p>	<p>TUESDAY 4 CHICKEN CHOW MEIN WHITE RICE ORIENTAL VEGETABLES</p>	<p>WEDNESDAY 5 SPAGHETTI & ITALIAN MEATBALLS TOMATO SAUCE BROCCOLI</p>	<p>THURSDAY 6 POOLSIDE LUNCH ROAST BEEF WEDGE COLE SLAW The Westchester -Shopping & Lunch</p>	<p>Friday 7 CRISPY BAKED FISH BUTTERED GRITS COLLARD GREENS</p>
<p>MONDAY 10 POOLSIDE LUNCH CHICKEN CUTLET WEDGE PASTA SALAD <i>Painting & Pizza - \$35</i></p>	<p>TUESDAY 11 POOLSIDE LUNCH EGG SALAD SANDWICH THREE BEAN SALAD</p>	<p>WEDNESDAY 12 Janice Appreciation Day PORK CHOP & GRAVY BAKED POTATO PEAS & CARROTS</p>	<p>THURSDAY 13 ROAST TURKEY & GRAVY SUCCOTASH CREAMED SPINACH</p>	<p>Friday 14 YANKEE POT ROAST MASHED POTATOES RED CABBAGE FINISH BY 1PM</p>
<p>MONDAY 17 ITALIAN CHICKEN SAUSAGE PEPPERS & ONIONS ROASTED POTATOES FINISH BY 1PM</p>	<p>TUESDAY 18 BAKED ZITI BOLANAISE SAUCE BROCCOLI</p>	<p>WEDNESDAY 19 FLOUNDER OREGANATA BITTERED NOODLES CARIBBEAN VEGETABLES FINISH BY 1PM</p>	<p>THURSDAY 20 POOLSIDE LUNCH CHICKEN SALAD SANDWICH CUCUMBER SALAD Hibachi Lunch - \$35</p>	<p>Friday 21 ROAST CHICKEN COLE SLAW BAKED BEANS</p>
<p>MONDAY 24 SALISBURY STEAK MASHED POTATOES AND GRAVY BRUSSEL SPROUTS</p>	<p>TUESDAY 25 TUSCAN STYLE CHICKEN PESTO PASTA TUSCAN VEGETABLES</p>	<p>WEDNESDAY 26 TUNA SALAD SANDWICH CUCUMBER SALAD BEETS YANKEE GAME</p>	<p>THURSDAY 27 SPAGETTI & MEATBALLS TOMATO SAUCE BROCCOLI FLORETS TOSSED SALAD W/CHICKPEAS BIRTHDAY CELEBRATION</p>	<p>Friday 28 ROAST TURKEY & GRAVY SWEET POTATOES CAULIFLOWER</p>
			<p>Senior Nutritional Center 660 White Plains Road Eastchester, NY 10709</p>	<p>Information and Reservations Call: 337-0390 www.eastchester.org/seniorservices</p>

Funded by the Town of Eastchester, Westchester County Department of Senior Programs and Services, New York State Office for Aging and the U.S. Administration on Aging.
Suggested voluntary contribution: Residents \$3.00, Non-Residents \$4.00. Contributions are made anonymously. No one 60 years or older is denied lunch due to inability to pay.
If you are unable to meet the suggested amount, we ask that you contribute whatever amount you feel you can afford.
All contributions go directly back into the nutritional program to help pay for meals and other meal program expenses to pay.